



GOOD LIFE

Holiday Camps



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A HOLIDAY THEY'LL TALK ABOUT ALL TERM.

NOT JUST A CAMP.

A week of growth, movement, and confidence building.



At **Good Life Gymnastics**, our holiday programme is thoughtfully designed to give children a structured, active, and inspiring experience — led by professional coaches in a safe, supportive environment.

Every day includes:

- ✓ Structured Gymnastics Coaching
- ✓ Skill Progression & Technique Development
- ✓ Fun Games & Team Challenges
- ✓ Creative Arts & Crafts

We believe holidays should do more than keep children busy. They should help them grow — physically, socially, and emotionally.

TRUSTED BY FAMILIES SINCE 2015

Join us at our holiday camps at Hinchley Wood, or at our weekly gymnastics classes at any of our 8 different Surrey venues.

WE LOOK FORWARD TO WELCOMING YOUR GYMNAST!

KEY INFORMATION

HOLIDAY CAMP DETAILS



Monday to Friday, 9:30am - 3:30pm



FREE Early drop-off from 9:00am



Late pick-up until 4:00pm for £3.50



5-12 years old



£40.00 per day

Members get an exclusive **10% off!** Use the **code** you received via email when booking.



ATTIRE

- T-shirt/Leotards
- NO Jewellery
- Shorts/Leggings
- NO Socks
- Easy-to-remove Shoes
- Tie up LONG Hair



THINGS TO BRING

- Large Bottle of Water
- Packed Lunch
- Plenty of Snacks



NO NUTS, NUT PRODUCTS, OR PRODUCTS THAT MAY CONTAIN NUTS ARE BROUGHT TO THE CAMPS (see page 7)



THINGS TO NOTE!

WHAT TO EXPECT ON THE DAY

Our team will be ready to welcome your child at the entrance to the **Main Hall**. All coaches wear black Good Life Gymnastics uniform for easy identification.

DOORS OPEN PROMPTLY AT 9:00AM and **CLOSE AT 9:40AM** for safeguarding purposes. Doors will open for **DISMISSAL AT 3:30PM UNTIL 4:00PM** for those who availed our **LATE PICK-UP OPTION**.

We operate small, structured groups to ensure every child receives coaching attention and support.

GYM ADDRESS

Hinchley Wood Secondary School, Claygate Lane, KT10 0AQ

VENUE INFORMATION

In our Hinchley Wood venue, the main hall offers a spacious environment with clearly marked entrances and on-site parking.

Clear signage will guide you to the correct entrance, and our branded A-board will be visible on arrival (**see photos below**).

No scooters or buggies are allowed to be left inside the venue.

MAP AND ENTRANCE



click here for directions:

/// Main Hall - <https://w3w.co/today.fumes.spoon>

/// Canteen Hall - <https://w3w.co/risky.wide.system>



UPDATING YOUR BOOKING?

CANCELLATION

All cancellation requests must be emailed to info@goodlifegymnastics.com.

Please be guided by our refund policy below:

REFUND POLICY	NOTICE PERIOD
FULL REFUND	Up to 14 days before the booking
95% REFUND	Up to 7 days before (5% admin fee retained)
NO REFUND, but possible TRANSFER	Up to 72 hours before (subject to availability within the same holiday period)
NO REFUND OR TRANSFER	Less than 72 hours notice

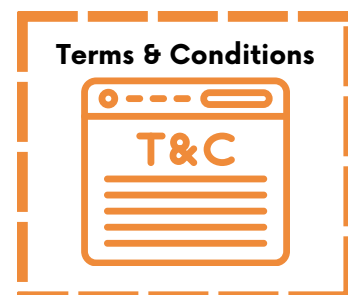
REARRANGEMENT

Bookings can only be rearranged if we receive notice **at least 72 hours** before the start date. Notice must be given **between Monday to Friday** (before 12:00pm on Fridays).

We cannot rearrange or refund camps:

- After the 72-hour window
- During the final two days of the camp period

CLICK ME!



NO NUTS POLICY

We have a strict **NO NUTS FOOD POLICY** during the camps.
This includes food that **contain** and **may contain nuts**.

A FEW EXAMPLES OF TYPES OF FOOD CONTAINING NUTS



Nutella



Pesto



Belvita Breakfast
Honey & Nut



Chocolate Filled Crepes
(Sainsbury's, Tesco's, Aldi)

A FEW EXAMPLES OF TYPES OF FOOD THAT MAY CONTAIN NUTS



Organix Products
(may contain Tree Nuts, Soya and Milk)



Chocolate Bars



Nature Valley Bar



Graze Oat Boosts



Fruit Slices Bar



Barny Sponge Bears



Butter Madeleines

WEEKLY CLASSES LOCATIONS

THAMES DITTON

MON

Thames Ditton Junior School, Mercer Close, **KT7 0BS**

3-6 years

5:00-6:00pm

6-8 years

6:00-7:00pm

8-10 years

6:00-7:00pm

Tween & Teen

6:00-7:00pm

CHESSINGTON

TUE

St. Mary's CofE (Aided) Primary School, Church Lane, **KT9 2DH**

3-6 years

5:00-6:00pm

6-8 years

6:00-7:00pm

8-10 years

7:00-8:00pm

Tween & Teen

7:00-8:00pm

HINCHLEY WOOD

WED/FRI

Hinchley Wood Secondary School, Claygate Lane, **KT10 0AQ**

3-6 years

6:00-7:00pm

6-8 years

6:00-7:00pm

8-10 years

7:00-8:00pm

Tween & Teen

7:00-8:00pm

KINGSTON

THU

Kingston Methodist Church Hall, Fairfield South, **KT1 2UJ**

3-6 years

5:00-6:00pm

6-8 years

6:00-7:00pm

8-10 years

7:00-8:00pm

Tween & Teen

7:00-8:00pm

SURBITON

SAT

Surbiton High Sixth Form Centre, 13-15 Surbiton Crescent, **KT1 2JP**

Tween & Teen

9:00-10:00am

8-10 years

9:00-10:00am / 1:00-2:00pm

3-6 years

10:00-11:00am / 12:00-1:00pm

6-8 years

11:00-12:00pm / 1:00-2:00pm

WORCESTER PARK

MON/THU

Malden Manor Primary and Nursery School, Gainsborough Road, **KT3 5NX**

3-6 years

5:00-6:00pm

6-8 years

5:30-6:30pm

8-10 years

6:15-7:15pm

Tween & Teen

6:15-7:15pm

WORCESTER PARK

TUE/WED

6-8 years

5:00-6:00pm

8-10 years

5:00-6:00pm

Advanced Squad

6:00-8:00pm

WORCESTER PARK

FRI

3-6 years

5:00-6:00pm

6-8 years

6:00-7:00pm

8-10 years

7:00-8:00pm

Tween & Teen

7:00-8:00pm

Advanced Squad

6:00-8:00pm

WORCESTER PARK

SAT

3-6 years

9:00-10:00am

4-6 years

10:00-11:00am

6-8 years

11:00-12:00pm

8-10 years

11:00-12:00pm

Tween & Teen

11:00-12:00pm

FELTHAM

SAT

Reach Academy, 53-55 High Street, **TW13 4AB**

3-6 years

9:00-10:00am / 12:00-1:00pm

6-8 years

10:00-11:00am / 1:00-2:00pm

8-10 years

11:00-12:00pm / 1:00-2:00pm

Tween & Teen

11:00-12:00pm

NEW MALDEN

SAT

Coombe Girls School, Clarence Avenue, **KT3 3TU**

3-6 years

9:00-10:00am

6-8 years

10:00-11:00am

8-10 years

11:00-12:00pm

Tween & Teen

11:00-12:00pm